



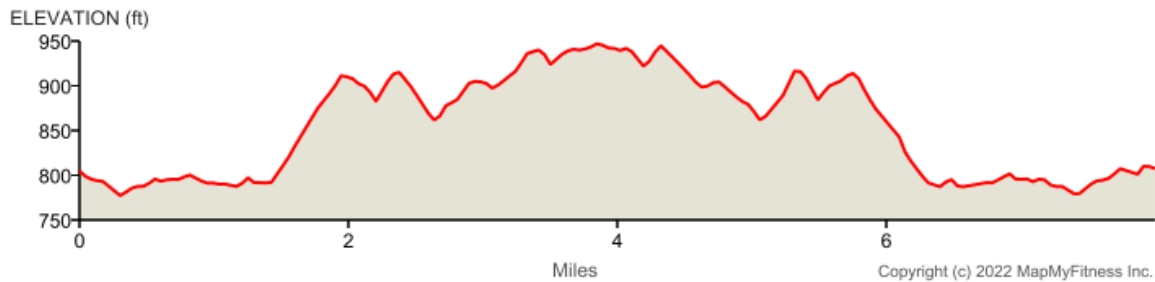
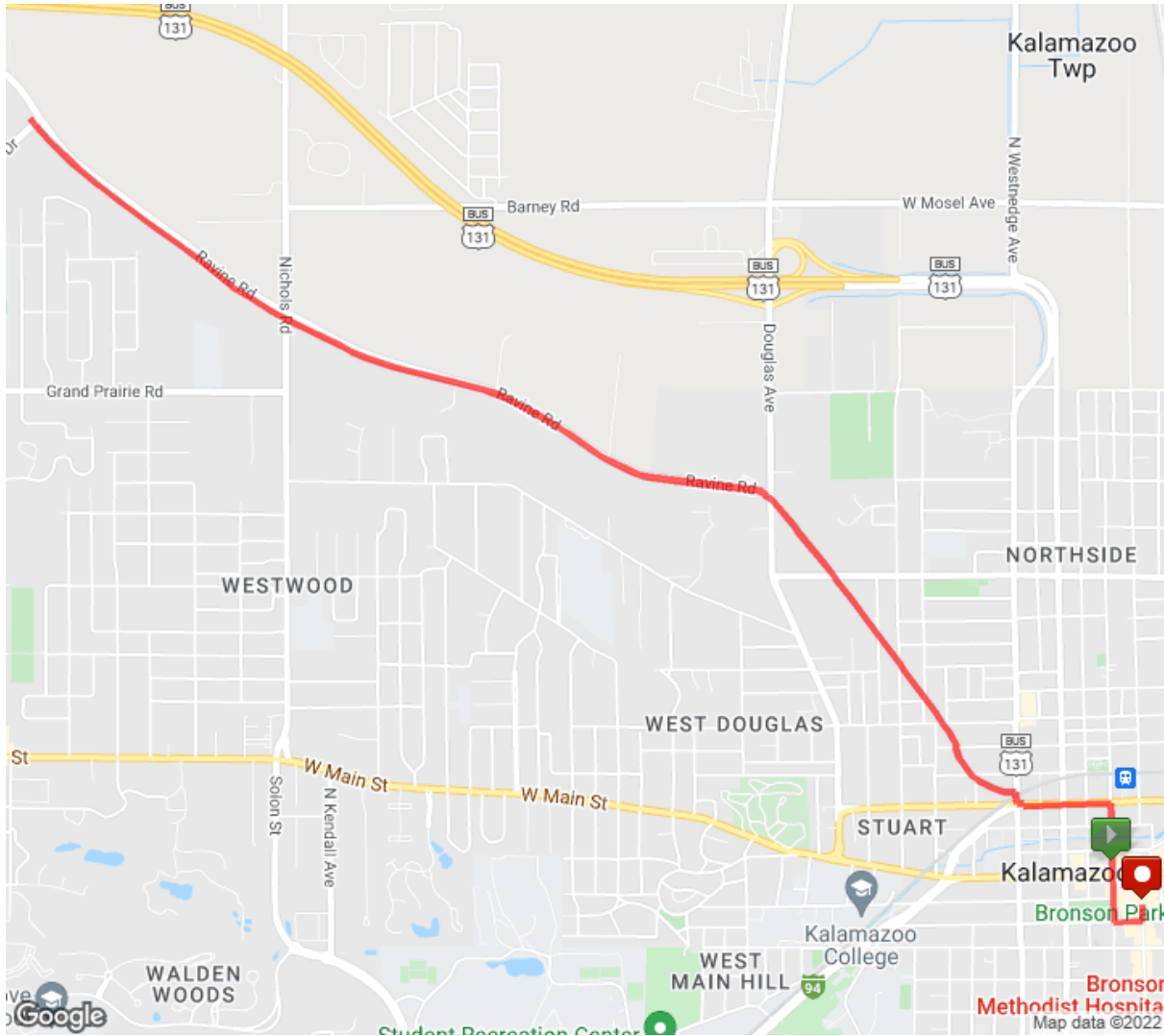
Week 8 - Radisson to Gazelle 3.26

Distance: 8.00 mi

Elevation Gain: 312 ft

Elevation Max: 948 ft

Notes



0.00 mi Head north on N Rose St toward W Water St

0.17 mi	Head west on W Kalamazoo Ave toward N Church StDestination will be on the right
0.42 mi	Head west on W Kalamazoo Ave toward N Westnedge Ave
0.43 mi	Turn right onto N Westnedge Ave
0.46 mi	Turn left onto Kalamazoo River Valley Trail
0.47 mi	Head west on Kalamazoo River Valley Trail toward Greenwich PlDestination will be on the right
1.04 mi	Head northwest on Kalamazoo River Valley Trail toward Staples AveDestination will be on the right
1.42 mi	Head northwest on Kalamazoo River Valley Trail toward Douglas Ave
1.56 mi	Turn left onto Ravine Rd
2.33 mi	Slight left onto Kalamazoo River Valley Trail
2.65 mi	Head west on Kalamazoo River Valley Trail toward Nichols RdDestination will be on the right
3.13 mi	Head northwest on Kalamazoo River Valley Trail toward Squires Dr
3.86 mi	Head southeast on Kalamazoo River Valley Trail toward Squires Dr
4.58 mi	Head southeast on Kalamazoo River Valley Trail toward Nichols Rd
5.07 mi	Head east on Kalamazoo River Valley Trail toward Ravine Rd
5.39 mi	Slight right onto Ravine Rd
6.16 mi	Turn right onto Kalamazoo River Valley Trail
6.29 mi	Head southeast on Kalamazoo River Valley Trail toward W Paterson St
6.68 mi	Head southeast on Kalamazoo River Valley Trail toward Woodward Ave
7.25 mi	Head east on Kalamazoo River Valley Trail toward N Westnedge Ave
7.26 mi	Turn right onto N Westnedge Ave
7.29 mi	Turn left onto W Kalamazoo AveDestination will be on the left
7.30 mi	Head east on W Kalamazoo Ave toward I-94BL WDestination will be on the right
7.54 mi	Head south on N Rose St toward Eleanor StDestination will be on the right
7.73 mi	Head south on N Rose St toward W Michigan Ave
7.86 mi	Head south on S Rose St toward W South St
7.87 mi	Turn left onto W South St
7.93 mi	Head east on W South St toward S Kalamazoo Mall
7.95 mi	Turn left onto S Kalamazoo Mall
7.99 mi	Destination
