



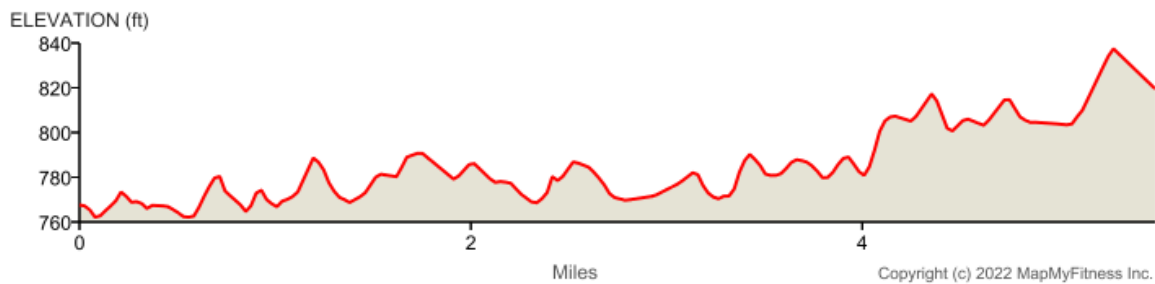
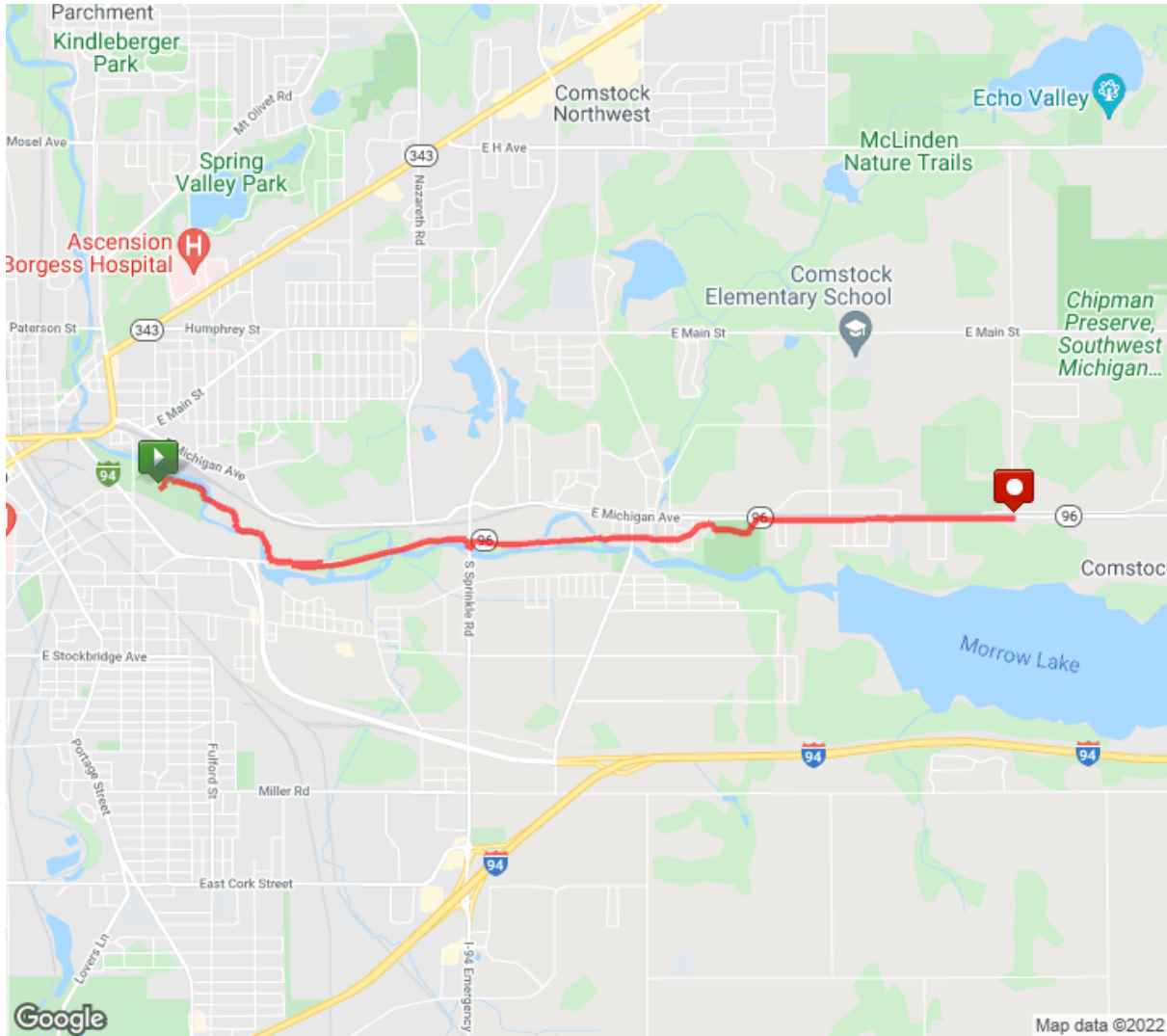
### Week 13 - Mayors Riverfront Park

Distance: 5.50 mi

Elevation Gain: 134 ft

Elevation Max: 838 ft

### Notes



0.00 mi Head northeast

<b>0.04 mi</b>	Direct/offroad route segment
<b>0.04 mi</b>	Direct/offroad route segment
<b>0.04 mi</b>	Head southeast on Kalamazoo River Valley Trail
<b>0.15 mi</b>	Head east on Kalamazoo River Valley Trail
<b>0.31 mi</b>	Slight left to stay on Kalamazoo River Valley Trail Destination will be on the right
<b>0.32 mi</b>	Head southeast on Kalamazoo River Valley Trail
<b>0.54 mi</b>	Head south on Kalamazoo River Valley Trail toward M-96 E
<b>0.99 mi</b>	Turn left onto M-96 W
<b>1.17 mi</b>	Head west on M-96 W toward Kalamazoo River Valley Trail
<b>1.34 mi</b>	Turn left onto Kalamazoo River Valley Trail Destination will be on the right
<b>2.13 mi</b>	Head east on Kalamazoo River Valley Trail toward Lillian Ct
<b>3.02 mi</b>	Head east on Kalamazoo River Valley Trail toward Lillian Ct
<b>3.52 mi</b>	Slight right to stay on Kalamazoo River Valley Trail
<b>3.94 mi</b>	Head east on Kalamazoo River Valley Trail toward Winterburn St
<b>5.07 mi</b>	Turn left onto Lawndale Ave
<b>5.08 mi</b>	Turn right onto M-96 E Destination will be on the right
<b>5.23 mi</b>	Head east on M-96 E toward N 30th St
<b>5.45 mi</b>	Destination